

Brenda Swartz

From: Garnettbilmar@aol.com
Sent: Sunday, April 02, 2006 10:34 PM
To: brenda@bodydynamics.com
Subject: Wonderful Products

Dear Brenda

For many years I have been searching for something that would make me feel "balanced". I have read many books and articles on vitamins. While visiting our cousin Christine Ryan in DeSoto TX she told me of your products. Christine told me how her mother, who had suffered with arthritis for years, had improved after taking your "Joint Renewal". Well, I could not believe the results after taking it for five weeks. My hips no longer gave me problems while walking. My joints felt lubricated.

I also mentioned my problem of bowel irregularity and you suggested taking "Mega Cleanse Diet complex". With my order you enclosed a bottle of "Mega Cleanse Extra" for me to try. Now I am hooked on it as well. I have never been one to have regular bowel movements. Well now I go every day and feel much better for it. So much so that my husband tells me I am much nicer person to be around. But most of all, I feel "balanced" within myself for the first time in a very long time. By "balanced" I me no more extreme highs and lows.

Thank you Brenda for all you are doing. May a 63 year old body thank you for producing such wonderful products.

Sincerely, Mary J. Garnett (Keene, ON Canada)